



THE MANE ISSUE



Volume 3, Issue 1

The Student Newspaper of Wallace State Community College

October 2005

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Wallace Receives “Supreme” Visitors

By Ayla Nuby
The Mane Issue

Wallace State Community College’s Student Center Theatre was the setting for an almost TNT worthy drama recently when the Supreme Court decided to hold a special session on campus. The stars were a mixture of men and women dressed in black.

The stage, usually filled with props and actors, was transformed into a mini courtroom with a long elevated podium for the justices, two tables on both sides of the podium for the clerks and two tables with podiums for each arguing attorney.

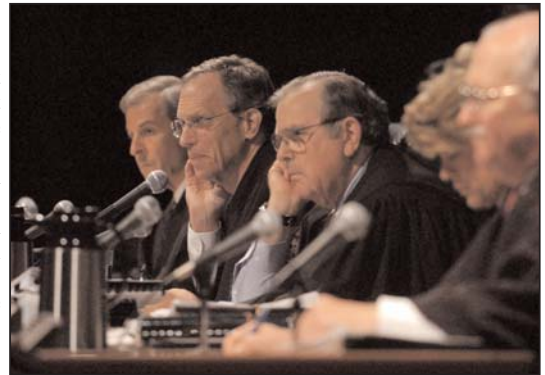
The 1,200-seat theater was nearly filled. More than 500 seniors from Cullman County high schools came on buses, and another 200 students came from Winston County. Many Wallace State students also attended, some for the enriching experience and some for extra credit.

Wallace State freshman Clint Ballard said observing the Court was relevant to his criminal justice studies.

“It was crazy, man—pretty interesting but confusing,” he said.

“I thought it was really interesting,” said Wallace State engineering student Lee Ellenburg. “It took a while to understand what was going on, but once it got going, I was able to understand the arguments they were making.”

The Supreme Court heard oral arguments for two



Amanda Shavers/courtesy of The Cullman Times

Members of the Alabama Supreme Court visited the Wallace State campus last month to hear two cases.

cases: Basil Timothy Case v. Alabama State Bar; and Amber Elizabeth Hoover, et al. v. John Zeigler.

The attorneys on each side were given 20 minutes to present their arguments. The first case lasted about an hour with a short intermission, and the second case lasted about 30 minutes.

Chief Justice Drayton Nabors, Jr., told the crowd it was “a true joy to be here and be part of this occasion.”

“It’s a real honor for this court to be here in Cullman County, for us to allow the court to operate before you and for you to observe how we con-

Please see Supreme Court, page 4

World Prayer Event Held at Wallace

By Kevin Brant
The Mane Issue

On September 21, millions of people from the United States and around the world participated in an annual event called “See You at the Pole,” an event of coordinated prayer on school campuses. Groups of students meet around their school’s flag poles and spent time praying for the needs of their campus; their leaders at the local, state, and national level and anyone else in a position of public authority.

The theme for this year’s event is based on Jeremiah 33:3, a Biblical passage which reads, “Call to me, and I will answer you, and show you great and mighty things which you do not know.”

Wallace State’s version of the event was held in two different

sessions: 7:30 A.M. and noon, giving more students a chance to join the activity.

Wallace State student Will Eddleman strummed his guitar in order to set a prayerful mood for arriving participants.

Attendance for the 7:30 A.M. session was 18 people, while the noon session had 22 people.

In the past, See You at the Pole has been scheduled on the third Wednesday of each September, but organizers have changed the 2006 event to the fourth Wednesday in September to allow



Kevin Brant/The Mane Issue

Will Eddleman of Fairview helped set the mood by playing the guitar at the annual See You at the Pole event.

for more time to plan this annual event.

Breast Cancer Awareness Month

By Meagan O'Tinger
The Mane Issue

October is National Breast Cancer Awareness Month.

Approximately 211,240 women will be diagnosed with breast cancer this year. More than 40,000 women will lose their lives to the disease.

Most cases occur in women aged 60 or older. However, younger women can also be affected by the devastating illness.

Contrary to popular belief, men can also develop breast cancer. This year, 1,690 men will be diagnosed with breast cancer, and about 460 of those will die.

There are several common risk factors including: age, individual and family medical history, the age a woman is when she first starts her menstrual cycle, the age she is when she has her first child and the use of Hormone Replacement Therapy in older women.

Breast cancer can affect any woman, but there are a few things one can do to reduce the risk. Obviously eating a healthy diet, staying physically active and not smoking are wonderful ways to turn the table in your favor.

Perhaps the most important step to take in protecting yourself against breast cancer is to

get regular breast examinations. It is recommended that, at age 20 or even before, a woman start doing monthly breast exams at home. One should talk to her doctor (or her mother) to get information on how to perform this preventive measure.

At age 40 and older, a woman should receive annual breast examinations and mammograms.

The key to successful treatment is early detection. There are numerous treatment methods available today including but not limited to: radiation, chemotherapy, hormone therapy, biologic therapy, and surgery. In advanced cases, a mastectomy—a process in which the breast(s) are removed—may be required. A woman and her doctor should work together to decide the best treatment option for her.

You can increase awareness by reminding the women in your life to get their annual examinations and mammogram.

For more information visit the following

Web site:

The American Cancer Society at
www.cancer.org

The Susan G. Komen Breast Cancer
Foundation at www.komen.org.

Join the Race for the Cure 5K walk and run in
Birmingham on Oct. 15 at 8:30 a.m. For more
information, call (205) 930-8886.

Breast Cancer Facts

Provided by the Wallace State Wellness Center

- Breast Cancer is the leading form of cancer diagnosed in American women.
- More than 211,240 new cases of breast cancer will be diagnosed this year.
- Each year more than 39,800 women will die from the disease.
- Eighty percent of all breast tumors are benign and can easily be removed; in most cases, these don't come back.
- As women age, their risk increases. About 82 percent of breast cancers occur in women age 50 and older. The risk is especially high for women over 60.
- The risk of getting breast cancer increases for a woman whose mother, sister, daughter or close relatives had the disease.
- Other risk factors include: genetic alterations, economic status, race, reproductive history and neighborhood/workplace exposures to pollutants
- Lifestyle choices which may affect breast cancer risk include: decreasing daily fat intake, increasing fiber in diet, eating fresh fruits and vegetables, limiting alcohol, staying active and abstaining from smoking.
- Breast self-examination may alert women to any changes in her breasts, but it is not a substitute for mammography screening.
- Mammography screening remains the best available method for early detection. More than 10,000 facilities throughout the country offer high-quality, reliable mammography screenings.
- For most women, mammography screenings should begin at age 40; however, the exact frequency should be determined by each woman and her doctor.
- Through October and especially on National Mammography Day—the third Friday in October—many mammography facilities offer special programs, extended hours and lower service fees.

Students to perform "My Emperor's New Clothes"

Everyone is familiar with the timeless story by Hans Christian Andersen, but the present version abounds in delightful differences: the action now takes place in the mythical kingdom of Mango-Chutney, which has a parade every day, a one-man army named Pony, and an Emperor who is known as the wisest man in the world because he has read the dictionary all the way through.

The Emperor, deciding to hold a special parade for which he must have the most beautiful clothes in the world, offers half of the state treasury to the weaver who comes up with the finest cloth. And being as wise as he is, he also announces that he will give the other half of the treasury plus the hand of his daughter, Princess Farthingale to anyone who can make him believe that something is real when actually it is not. Needless to say all this leads to much furious activity and some diabolical plotting by Skreech and Clodney, two oafish spies from neighbouring Bulgravia. And while it is touch and go for a while, all ends happily and in a burst of song as the villains are routed, the Princess united with her true love, and the Emperor saved by the cheerfully vocal intercession of the enthralled audience.

Performances will be at 7 p.m. on Saturday, Nov. 5 and 2:30 p.m. Sunday, Nov. 6, in the student center theater.

March of Dimes walk on campus

The annual March of Dimes Heart Walk will begin at 9 a.m. Oct. 29 at the Coliseum. The Heart Walk serves as a fund raiser for the March of Dimes, whose mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality.

The March of Dimes carries out that mission through research, community services, education and advocacy.

Wallace State Student Newspaper Staff

The WSCC Student Newspaper is a monthly publication of Student Activities.

Josh Kinney, Editor -
newspaper@wallacestate.edu

Sarah Bagley
Kris Holcombe
Vivian Bram
Damon Moore
Megan Day
Vanessa Murphree
Ayla Nuby

Kris Holcombe
Damon Moore
Vanessa Murphree
Ayla Nuby

Meagan O'Tinger
Savannah Swearingin
Bobby White

Terri Brunck, Sponsor - terri.brunck@wallacestate.edu
Kristen Holmes, Sponsor - kristen.holmes@wallacestate.edu
256/352-8031 or 8118, JBC 11 Floor

Participation

The newspaper always welcomes new staff members. If you are interested in participating on the newspaper staff, please contact Terri Brunck or Kristen Holmes (see contact info above).

It is the policy of the Alabama State Board of Education and Wallace State Community College, a postsecondary institution under its control, that no person shall, on the grounds of race, color, sex, religion, national origin, disability or age, be excluded from participation in, be denied benefit of, or be subjected to discrimination under any program, activity or employment.

Wallace State Community College is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097. Ph: 404-679-4501).

Submissions and Suggestions

If you have a story idea or would like to make a submission to the Wallace State Student Newspaper, please send an email to Josh Kinney, Editor, at newspaper@wallacestate.edu. All submissions must include the author's name and contact information. The WSCC Student Newspaper reserves the right to reject any submissions and to edit all published material.

Mission

It is the mission of the Wallace State Student Newspaper to inform the Wallace State student body of campus news and events.

In Memory of Lamecca

By Damon Moore
The Mane Issue

On August 23, Wallace State's student body was left in a state of shock when one of their own, a young woman by the name of Lamecca Moore, was murdered by her ex-husband.

According to those who knew her, Lamecca was liked by everyone that came in contact with her. Lamecca was always ready to lend a hand to a person in need and was the epitome of human kindness.

Lamecca worked as a custodian in the Science Department to pay for college and to support her two children: Micah, age 6, and Isabelle, age 4. She was pursuing a career in upholstery.

Lamecca was a victim of domestic violence, which is a growing epidemic in our society. In 2000, 1 in every 6 women experienced some form of abuse by their spouse or significant other. That number has since increased to 1 in every 4, nearly doubling in the past five years. In any given year,



Lamecca Moore poses in the upholstery department in this undated photo.

between 12 and 20 percent of women suffer from domestic violence.

Unlike AIDS, this epidemic can be stopped.

Wallace State is an advocate fighting against domestic violence, teaching its students in classes how to recognize signs and

ways to seek out help if such a situation ever arises. Anyone who is a victim of domestic abuse needs to seek out help now before it's too late.

Lamecca was remembered in a memorial for victims of domestic violence within Alabama on October 4. Each year the Child Developmental Club sponsors a child for Christmas this year they will be sponsoring Lamecca's children, Micah and Isabelle, any donations should be made to Dee-Retha Preuitt and members of the Child Developmental Club by November 18.

Abuse can come in many different forms such as verbal or psychological. Although most situations involve a male and female, with the male being the assailant, the roles can be reversed.

**For help call the Alabama
Domestic Violence Hotline
1-800-650-6522**

White Farms corn maze offers farm fun & puzzles

PRICEVILLE - From pumpkin pickin' and rollin' in the hay to life-size puzzles and group field trips, down-on-the-farm fun is in the offering at the White Farms Corn Maze in Priceville.

Currently open through the end of October, the family friendly spot is centered around a pair of mazes designed as a tribute to the late E.V. "Plug" White - "Papa and His Plow." Past designs have included a Racking Horse and fire-breathing dragon.

The maze features check-points throughout the wandering trail to help you find your way through.

A variety of special activities are available at White Farms, including "Fun Farm Field Trips," the "Field of Screams" Halloween maze and "Family Field Trips to the Pumpkin Patch."

Fun Farm Field Trips are designed to give kids the opportunity to see and learn where their food comes from by visiting a working farm. The Family Field Trip to the Pumpkin Patch includes a visit to a hay bale maze, cotton picking, a hay ride, and age-appropriate Corn Maze and the opportunity to pick a pumpkin to take home.

Trips are available by reservation only for organized groups of 15 or more. Field trips are available Monday through Friday from 8 a.m. to 2 p.m. The entire field trip is \$6 per person. Teachers are admitted free of charge.

The Field of Screams begins at dark on Oct. 14, 15, 20, 21, 22, 26, 27, 28, 29, 30 and

31. The haunting is not intended for young children, people with health problems or the faint at heart. The event is presented in partnership with the Decatur Jaycees with proceeds benefiting local charities.

Family Trips to the Pumpkin Patch began Oct. 1 and will be held every Saturday during the month starting at 11 a.m. and on Sundays at 1 p.m. Hay rides to the orange-colored fields leave approximately every hour with the last trip leaving at 4 p.m. Small families and groups are welcome and no reservation is required. Children are welcome to play in the hay bale maze and pick cotton as well. Admission is \$6 per person. Discounts to the corn maze are available for pumpkin patch visitors.

If you would like to purchase additional pumpkins or only want to pick a pumpkin, the cost is \$.30 per pound to pick your own and \$.50 per pound for pre-picked pumpkins.

White Farms Corn Maze is located across from Priceville Elementary School in Priceville, Ala.

White Farms opens at 5 p.m. on Thursdays and Fridays, noon on Saturdays and Sunday by appointment. The Field of Screams begins at dark on Oct. 14-15, 20-22 and 26-31.

Admission for the maze only

is \$8 for adults, \$5 for children ages 6 to 11 and free for children under the age of 5, and \$6 for senior citizens. Group discounts are available for groups of 20 or more.

For additional information, visit White Farms' Web site at www.whitefarmscorn-maze.com or call (256) 350-3133.

For information on special events and travel destinations in North Alabama, call the Alabama Mountain Lakes Association (formerly the North Alabama Tourist Association) at 800-648-5381 or (256) 350-3500 or visit AMLA's Web site at www.alabamamountainlakes.org or e-mail the staff at info@northalabama.org.

WOODY'S GRILL

For 26 years, Woody's Grill has been the place where fun memories are made. Wallace students love to eat, study, shoot pool and hang out at Woody's Grill. Come by and try one of Woody's crowd-pleasing, economy-priced meals.

Woody's Special (Hamburger/Cheeseburger/Hot dog, Fry, Drink) \$2.95

Chicken Finger Plate \$5.00	Pizza Slice \$1.25
Nachos and Cheese \$2.75	Chef Salad \$4.00
Cappuccino .75 to \$2.00	Grilled Chicken Salad \$5.00
Garden Salad \$3.00	



Woody's Grill is located in the Student Center. Open Monday thru Wednesday, 7 a.m. to 8 p.m., Thursday 7 a.m. to 3 p.m. and Friday 7 a.m. to 1 p.m.



Hurricane Katrina Affects Wallace

By Josh Kinney
The Mane Issue

As the Gulf Coast continues to recover from the aftermath of August's Hurricane Katrina, some of its effects came to pass at Wallace State in the days and weeks following the costliest tropical storm in US history.

Many Gulf Coast residents displaced by Katrina have relocated indefinitely to Alabama—an estimated 35,000. Several affected students have inquired about enrolling at Wallace State, thanks to an announcement by the Alabama College System (ACS) to provide free adult education and job-training to evacuees. This initiative has been titled the "Good Neighbor" program.

"People have lost everything," said Roy W. Johnson, Chancellor of the ACS. "They need immediate relief, but they also need help for the future."

Allison Rice, Director of Student Financial Aid and Veterans' Benefits at Wallace State, noted the students who have transferred to

the school thus far. "We have two students who are here from Mississippi Gulf Coast Community College and another who is from Tulane University."

Mrs. Rice also added that two Wallace State students who are members of the Alabama National Guard have been called to assist with the recovery for a brief but indefinite period of time, and the college will be working with them to ensure they will not lose their tuition payments.

The school will also be working with other students who have been forced to withdraw from their classes due to Katrina's influence.

Additionally, a number of relief efforts were assembled by Wallace State's students and faculty to aid those who have been impacted in the Gulf region.

Students in the Occupational Therapy Assistant (OTA) class formed three tasks groups to aide in the hurricane relief: the first to donate school supplies, clothing, and hygiene products to Mobile; the second to collect basic necessities and Wal-Mart gift cards for distribution among local evacuees;

and the third to gather items for infants and children. Wallace State also responded by sending approximately \$1500 and a truck-load of supplies to support the refugees both locally and elsewhere.

"As usual, the Wallace State family has responded with overwhelming generosity and kindness to help those in need," said Jenny Folsom, Dean of Academic Affairs.

Physically, the Wallace State campus held its own against Katrina but was not totally invulnerable.

Randy Tucker, the Maintenance Supervisor at Wallace State, said a ridge from the girls' dormitory building was blown loose by wind gusts, and a few buildings sustained minor roof damage. He added, "We're still cleaning up," as Katrina scattered a large amount of debris across the campus as it traveled northward.

"We were very fortunate that we weren't hit as hard as some of the other areas," Mr. Tucker said.

Setting Goals to Reach Your Potential

By Ayla Nuby
The Mane Issue

Everyone knows what it's like to be completely stressed out. No matter how early you start a project, it seems like you can never finish. Or maybe you're a procrastinator who waits until the day before a huge paper is due to even start it.

Let's face it: being stressed out over anything—whether it's a mid-term, a one page paper or a class assignment you just don't get—is awful, not to mention straining on your physical and mental self. Never fear: there are some easy tricks to tackle your stress and learn to deal with it.

First, give yourself a goal to work towards. If you have something concrete you want to accomplish in a certain amount of time, you will find it's a lot easier to plan for it. You're probably thinking, "Well, why should I set goals? I can do all my work at once and save time." That might

Please see Goals, page 6

Supreme Court, continued from Page 1

duct our proceedings," Nabors said.

Marshal Willie L. James announced the justices' entrance and asked the audience to rise. Clerk Robert G. Esdale, Sr., gave the "call of the docket," reading the titles of the cases before the Court.

Then Circuit Court Judge Don Hardeman introduced the Court. "I just want you to know it's a great honor to be here today and to participate in this historic event," he said. "This truly is historic, because these decisions they make will become law in Alabama."

Members of the Court included Chief Justice Drayton Nabors, Jr.; Justice Harold Frened See, Jr.; Justice Champ Lyons, Jr.; Justice Robert Bernard Harwood, Jr.; Justice Thomas A. Woodall; Justice Jacquelyn L. Stuart; Justice Patricia M. Smith; Justice Michael F. Bolin and Justice Tom Parker.

Test Your WSCC History and win a tuition scholarship!



- ACROSS**
- The computerized articulation and transfer planning system
 - Director of Financial Aid
 - WSCC colors are royal blue and _____
 - The first Miss Wallace State
 - Tallest building between Nashville & Birmingham on WSCC campus
 - Department that helps students find jobs
 - Number of times the WSCC baseball team has played in World Series
 - Copy of grades
 - WSCC mascot
 - Name of WSCC yearbook
 - Student advising takes place in the _____ Center
 - The first Dean of Students
 - Official student representatives of WSCC
 - Hours required for consideration as a full-time student
 - Coach with over 800 career wins

- DOWN**
- State Representative who works at WSCC
 - Request transcript in this department
 - Health building is named after this Senator
 - Number of WSCC off-campus centers
 - WSCC is located here
 - 2000 WSCC grad who later became Miss Alabama
 - Soccer stadium named in his memory
 - Number of years WSCC has received the AA Sports Trophy
 - WSCC student newspaper
 - First administrator of WSCC
 - Type of flowers located throughout campus
 - Donated museum collection to WSCC
 - WSCC is accredited by this association
 - Instructor who has published 34 books
 - Another name for Cashier's Office

40TH ANNIVERSARY CROSSWORD PUZZLE RULES

- The WSCC 40th Anniversary Committee will award five (5) \$500.00 tuition only scholarships from among correct entries in the 40th Anniversary Crossword Puzzle Contest.
- All correct entries will be placed in a drawing. Five(5) winners will be randomly drawn and notified by certified mail.
- Recipients must use their scholarship by Fall 2006 semester
- Recipients must meet all Admission requirements before scholarship can be awarded
- Recipients must maintain a 2.0 G.P.A.
- The Contest is open to State of Alabama residents only. WSCC employees and dependents are eligible with the exception of WSCC 40th Anniversary committee members.
- All entries must be postmarked no later than **November 16, 2005** and mailed to ATTN: Crystal C. Hines, Wallace State Community College, PO Box 2000 Hanceville, AL 35077-2000.

Name	_____
Address	_____
City/State/Zip	_____
Phone	_____
Email	_____

Clubs & Organizations

SSS holds transfer fair

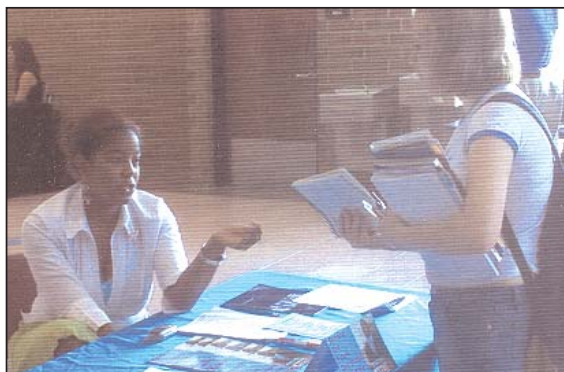
By Kevin Brant
The Mane Issue

Nearly 200 Wallace State Community College students took advantage of a recent transfer fair to determine what they will do next in their educational careers.

On Sept. 21, the Student Support Services department held its annual transfer fair.

More than a dozen colleges and universities from all over the state of Alabama helped students in regard to this decision. Colleges gave information from everything from admission to school to scholarship information.

Cindy Bales in the Student Support Services office said the event was a great success.



Kevin Brant/The Mane Issue
A representative from Talledega College speaks to Wallace State student Vanessa Murphree, right.

Wallace State Ambassadors plan blood drive, elect officers

The Wallace State Ambassadors will host an American Red Cross blood drive Tuesday, October 25 from 9 a.m. until 2 p.m. in the James C. Bailey Center lobby on the Wallace State Community College campus in Hanceville. All donors must present identification.

The Ambassadors host two blood drives each school year, in October and February. The organization has received numerous service awards from the Red Cross, most recently receiving the Partnership Award at the American Red Cross Blood Services annual meeting.

Officers for the 2005-2006 academic year are as follows: Stacie Jones of Hayden, President; James Coleman of Cullman, Vice-President; Kelli Sale of Vinemont, Secretary; and Shae Thompson of Cullman, Community Service Chairperson. Members are Jenna Dyar of Hamilton, Amanda Motes of Cullman, Monica Green of Dora, and Zeb Reid of Cullman.

For more information on campus blood drives, please contact Katie Free at 256/352-8033 or katie.free@wallacestate.edu.

Wallace State plans international trip for students and community

Wallace State will coordinate an educational trip to France and Spain over Spring Break 2006, held the last week in March. The trip is open to community members as well as students and faculty.

Planned stops on the tour include visits to Paris, France and Barcelona, Spain over eight

days with an optional two-day extension to Madrid, Spain. Tour arrangements will be made through longtime educational tour provider EF Tours and include roundtrip airfare from Birmingham, hotel, breakfast and dinner each day, transportation by train, guided tours and museum costs. All costs are

the responsibility of participants.

The next meeting for trip participants will be at 3:15 p.m. on Oct. 18 in the 11th Floor Conference Room of the James C. Bailey Center at Wallace State. For more information, contact Kristen Holmes at 256/352-8118 or Kristen.Holmes@wallacestate.edu.

Calendar of Events October 2005

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
10 Noon Baseball vs. Jeff State in Birmingham	11 Noon-1p Avoid the "Freshman 15" TBA 3:30p Soccer vs. Andrew College 6p Volleyball vs. Gadsden State Coliseum	12 TBA Cross Country - Gadsden Gadsden	13	14 Mini Term I ends 3p Soccer vs. McConnell CC Tuscaloosa	15 Noon Basketball Jamboree Coliseum 16
17 Mini Term II registration 7p Phi Theta Kappa Induction Ceremony JBC Auditorium	18 Mini Term II begins; 3p Basketball Jamboree Coliseum 6p Volleyball vs. Central Alabama Coliseum 7p "Brick Flick"	19 1p-2p Student Workshops - Test Taking Tips TBA 11a-1p Food for Thought - \$1 SC 5:30p Defensive Driving	20 Cross Country - Florence; 11:30a -1p March of Dimes WalkAmerica; 1p Baseball Tournament Samford; 4p Soccer - Hiwassee CC; 5:30p Defensive Driving; 1 6p Volleyball vs. Northwest Shoats	21	22 TBA Softball - UAH Tournament Huntsville; 10a Basketball Bevill State Fayette 23-25 Golf Gulf Coast Community College Gulfport, MS
24 5p Volleyball vs. Faulkner State in Bay Minette 6:30p Mystery Night - A night of "who done it"	25 Noon-Student Forum with Dean of Students JBC Auditorium 5:30p Basketball - AUM Montgomery 6p Volleyball - Jeff Davis Brewton	26	27 1p-2p Student Workshops - Overcoming Your Fear of Public Speaking TBA	28 TBA Cross Country - ACCC Region 22 State Meet Gadsden	29 7:30a-3p PTK math tournament Math, Science, SC; 9a March of Dimes WalkAmerica Coliseum; Noon Basketball Shorter College 30
31 5p-6p Reverse Trick or Treating Dorms					

Depression/ BiPolar support group meeting

The Depression/BiPolar support group meeting day and time has been changed to the 2nd and 4th Tuesday of every month.

Meetings are held in Room 608 of the Tom Bevill Health Education Building and begin at 5:30 p.m.

The meetings are sponsored by the Human Services and Psychology Department for the college and community. All persons interested in mental health are invited. The purpose of the group is to provide support and education and does not take the place of professional counseling.

It is a chapter of the National Depression and Bipolar Support Alliance. For more information, the national website is: www.DBSAlliance.org Free mental health literature is also available on the 6th Floor of the Tom Bevill Building.

Katrina Should Remind us of our Roles

Josh Kinney, Editor
The Mane Issue

"The government is us; we are the government, you and I."-Theodore Roosevelt

One commonly overlooked tenet of democracy is that people have a voice in every aspect of how their government is conducted. Even the Greek basis for the word democracy, *demokratia*, defines as "the people rule," which couldn't describe the process more simply unless it was explained by characters on a children's cartoon show. So if the underlying concept is this elementary, then what's left to understand? Well, as the current situation in the Gulf Coast may suggest, our education has barely begun.

Almost immediately following Hurricane Katrina's costly tear through the Southeast in late August, observers from various arenas motioned to assign blame for the mismanagement of the storm's devastation, particularly in the now washed-out city of New Orleans. State governments, local officials, FEMA and the President were among those expected to assume guilt, but one crucial party has been largely omitted: ordinary citizens.

Theoretically, in a society such as ours, problems should be addressed and corrected by the will of the people; that is to say, it is the responsibility of every individual to moderate our laws, our relations with foreign bodies and the conduct of our leaders. Yet

the standard practice is to leave such duties to "someone else" and point the proverbial finger when things go awry.

The people of New Orleans could have united months—years—prior to Katrina and called upon their governments to prepare for the potential disaster that numerous analysts had deemed inevitable. They could have publicly investigated the fact that the U.S. Army Corps of Engineers, the agency that manages the city's levees and the nation's flood control programs, was asked by Congress to spend most of its funds over the past six years on projects not related to flood prevention. They could have confronted the reality that the President and his staff prioritized a majority of the national discretionary budget in recent years to meet the requirements of the war in Iraq rather than to accommodate the needs of this country, which was explicitly stated in a return letter to Louisiana Senator Mary Landrieu when she requested more attention from the administration upon flood protection.

These are merely examples of how New Orleanians could have stood to fortify their city and are not meant to be political insinuations, but the point nevertheless remains: couldn't the everyday men and women have done more to attack their weakness? Couldn't they have drafted petitions, organized rallies and collectively contacted their representatives, among other things, in an



JOSH KINNEY

effort to improve their livelihoods? It's important that we as democratic citizens keep our governments in check. Our leaders are bombarded daily by several complex issues, and it can be challenging for them to affix appropriate degrees of importance to every topic. Instead of criticizing their decisions from a distance, we the people should examine their actions with more depth and actively participate with them in their decision-making. This task does not belong to only a select few: it belongs to everyone who calls the United States a home.

Take a few moments to consider that, although far from perfect, our government is a mechanism established solely to protect us and to assist us, and occasionally it loses track of our evolving desires. We can't always assume it has all the answers or even that it knows all the pivotal questions, as Katrina has so easily illustrated. It's our duty—yours and mine—to take charge of and to steer democracy by staying involved, not to complain at the earliest opportunities when "someone else" doesn't get the job done.

Note: Josh Kinney, Editor of The Mane Issue, may be reached at newspaper@wallacestate.edu or on the 11th floor of the Bailey Building. As always, we encourage you to submit your comments. The Mane Issue staff reserves the right to edit submissions for length and content.

How Much is Too Much?

By Megan Day
The Mane Issue

In recent months, gas prices have risen to record highs across the nation. Among the major reasons that have been cited for the increases are foreign oil prices, bad weather and price gouging.

When we buy foreign oil, the price is higher because of taxes and transportation costs. Bad weather such as Hurricane Katrina took out some of the United States' oil rigs, which meant less oil production at home. Lastly, price gouging—the act of taking advantage for the need of an item and increasing the price to above-average amounts for profit—has been a big problem. According to a national news broadcast, price gouging is being investigated.

Whatever the reason, it is putting a dent in many wallets. So how much would you pay for gasoline before conserving, whether it means walking, biking, buying a motorcycle, carpooling or staying home more often? A group of students at Wallace State was asked that question.

HOW MUCH WOULD YOU PAY FOR GAS BEFORE CONSERVING?

- \$3.01-4.00-----20 percent
- \$4.01-5.00-----40 percent
- \$5.01 or more-----10 percent
- Already conserving-----30 percent

Goals, continued from Page 4

be true, but you'll probably find that after doing a few things your work will become worse because you just want to finish it. If you take your time and plan ahead, you can work at a pace that is comfortable for you so you'll do a better job.

Now you may be thinking, "Which goals are important and which aren't?" All you have to do to answer that question is ask yourself,

"Is this really my goal?" "Can I commit myself emotionally to completing this project?" "Can I see myself reaching this goal?" If you answered "No" to any of these questions, you may want to reconsider your goal.

Now comes the most important rule: write down your goal. This makes your goals less of a dream and more of a commitment. Try to make your goals specific. For instance, if your goal is, "I want to make a lot of money," try writing, "I want to make \$1,000 monthly with my business by July 1."

After writing down your goal, make it visible. Put it in a frame by your bed, or write it on a sticky note to place on your computer screen or on your bathroom mirror.

Now that you have a goal in mind, ask yourself, "Why do I want to achieve this

goal?" If you can't answer that question, you probably won't find enough motivation to begin accomplishing the goal.

One of the worst obstacles people must overcome in achieving a goal is procrastination. Maybe you simply can't get motivated or you feel blocked; maybe you're waiting for the right time. You might not have the knowledge needed to finish, or maybe you're just afraid you'll screw up. Sometimes you might not even realize you're putting something off until it's too late. You always seem to want to put it off until tomorrow, but tomorrow never comes. Don't panic: there are also steps to overcoming procrastination.

■ Making the tasks look smaller in your mind so they are easier to accomplish.

■ Do only a small part of the task each time.

■ Tell others about what you plan to do and get them to remind you about it often.

Everyone has desires they want to achieve and everyone has the power to make them a reality. No one is perfect so expect some backsliding: accept setbacks as a part of life and just try again. With these few simple steps you'll find that nothing is ever as stressful or as hopeless as it seems.

Best Scares for Your Buck

By Kris Holcombe
The Mane Issue

With the month of October now upon us, it's time for Halloween. Halloween brings with it amazing entertainment ranging from movies to corn fields and haunted houses. If you're searching for the best scares for your hard-earned dollars, I'm here to help you out.

Before driving out to any of these haunted Halloween attractions, keep this one thing in mind, what scares one person might not scare the next person. We all have very different immunities when it comes to fears. These are "performances" and the actors will do their absolute best to try and appeal to everyone. Now, that being said, here are a few of the scare houses offered in our parts:

Sloss Fright Furnace (Birmingham) – Sloss Furnace is the highest budgeted scare house in the South, and they take pride in boasting about this. But truthfully, Sloss is much scarier when the "Fright Furnace" isn't taking

place. Not much on the scares, but some very interesting eye candy. Sloss' problem comes down to its large crowds. Rather than sending a group of friend or a family through, they opt to send 30 people at a time. This large volume of people walking through the corridors doesn't allow much freedom for the actors to jump around. However, on the brighter side, Sloss does offer the best 3-D maze I've ever witnessed ... very creative and colorful. Not the best haunted house around (especially for the higher price), but not bad at all for beginners.

Atrix Factory (Leeds) – Atrix Factory takes place over a 50,000-square-foot building, and in my personal opinion, is the best scare house Alabama has to offer. And it's honestly better than a lot of the ones I've seen the North offer. Comparing Atrix to Sloss is a lot like David and Goliath. Atrix is on a much smaller budget, which forces the actors, scenery and style to come up with much more



original ideas and scare tactics. Atrix gets EVERYTHING right when it comes to a haunted houses, and at \$10, it's very hard to complain about it. WARNING: Atrix is filled with lots of gore and scares and is not intended for children 12 and under.

Devil's Dungeon (Nashville) – Nashville's most controversial and imposing haunted house attraction. It's been featured nationally in the "Wall Street Journal" as an industry pioneer in shock and gore. There isn't much to say about Devil's Dungeon, but to check it out for yourself. WARNING: Devil's Dungeon is filled with lots of gore and scares and is not intended for children 12 and under.

For more information or directions to any of these scare houses, feel free to look me up at www.myspace.com/52Blazingcards or e-mail me at GambitFury52@aol.com.

Scare Tactics

By Kris Holcombe
The Mane Issue

With Halloween time quickly approaching, we at "The Mane Issue" thought you, the readers, might be interested in our top movies list for the fall season.

"Evil Dead 2: Dead by Dawn" When a couple decide to take a weekend away from life in the city, they travel to a remote cabin in the woods. However, they accidentally invoke spirits that feed on souls that have been lying dormant within the woods. A perfect blend of slapstick comedy and horror from director Sam Raimi (Spiderman) and starring Bruce Campbell. This movie will surely please any audience.

"Army of Darkness" The sequel to "Evil Dead 2" finds Ash (Bruce Campbell) being sent back in time and fulfill the prophecy of the "Chosen One" by eliminating the "deadite" threat and saving his new love. Filled with much more comedy than horror, but still classified as a horror film, this movie is one of the most entertaining campy films in recent history. Top notch "B" movie!

"Pumpkinhead" When a group of teenagers from the city inadvertently kill his only son, Ed Harley (Lance Henriksen) takes matters into his own hands. He heads deep within the woods to locate an old witch with the ability to call upon a demon to seek revenge upon the teenagers. Boasting one of the creepiest creatures ever created on film, and top notch acting from its cast, this movie is ideal for a late-night Halloween viewing.

"House of 1,000 Corpses" From the demented mind of Rob Zombie comes this tale of murder and mayhem. Two young couples taking a tour through the back roads of America stumble upon a local legend known as Dr. Satan. Lost and stranded, the couples meet up with a bizarre family that offers to help them out for the night. However, little do the couples know that the Firefly family is composed of psychos, murderers, cannibals and Satanists. This movie isn't necessarily scary, but it is very disturbing. This could almost be classified as our generation's "Texas Chainsaw Massacre." Highly stylish and extremely creepy.

"Bubba Ho-Tep" Realizing that creature films need a splash of creativity in modern days, "Bubba Ho-Tep" answers the call. This film stars Bruce Campbell as Elvis Presley and Ossie Davis as JFK, living in a Texas retirement home. To make matters worse, there is an evil, soul-sucking Egyptian mummy feeding off the souls of the elders living in the retirement home. All in all (as with "Army of Darkness"), this movie has very few scary moments, but it's a solid and original creature feature with A LOT of dark humor.

Honorable Mentions: "The Grudge," "From Dusk Till Dawn," "Exorcism of Emily Rose," "The Cave," "Pitch Black," "The Exorcist," "Shaun of the Dead," "Dawn of the Dead" (remake), and "Doom" (coming to theaters October 22)

A New Voice in Rock

By Kris Holcombe
The Mane Issue

Released four days after the flawless performance at Big Spring Jam, Hinder's "Extreme Behavior" album hit store shelves Sept. 27. Hinder comes from Oklahoma City and definitely has the potential to become a large name band in the next few years with their single "Get Stoned" already a highly requested song on FM and satellite radio stations.

Any fans of the bands Clutch or Silvertide should definitely try out this new band. Austin Winkler's voice mimics that of both singers and the music on all 10 tracks is a beautiful blend of rock/emo/punk. "Extreme Behavior" contains a lot of highly-relatable material to fans of the new age music scene.

Songs such as "How Long," "Get Stoned" and "Shoulda" will find the listener singing them far after the point of initial listening. And "Better than Me" is perfect for people looking back in their lives after the loss of a significant other. Every one of the songs on the debut album is being filled with so much emotion that it becomes easily relatable to modern teens.

In fact, my only real complaint about Hinder's debut album is the relatively short number of tracks, 11, on the album. Other than that, Hinder's "Extreme Behavior" is an excellent debut album with a lot of potential.

Members of Hinder:
Austin Winkler, vocals
Joe "Blower" Garvey, guitar
Mark King, guitar
Mike Rodden, bass
Cody Hanson, drums

Tough Loss for Lady Lions



Contributed

Freshman Sarah McNutt (No. 22) led Wallace State in blocks in a defeat of Lawson State Thursday night. The Lady Lions take on Gadsden State at home Oct. 11

After winning the first game of the volleyball match 30-26, the Wallace State Lady Lions appeared to be on their way to defeating Gadsden State on Tuesday. But the following three games went Gadsden's way (26-30, 22-30, 21-30), leaving Wallace State still searching for a win over the only team in the conference to beat them.

"The girls were really excited, knew what they had to do, and played aggressive that first game," said Wallace State coach Lisa Atkins.

"The second game, maybe we lost some of our confidence, and

we were never able to get the momentum back after that," she said.

Shana Borden and Rachel Fleming were among the leaders for Wallace State against Gadsden. Borden led the team with three blocks, 12 kills and six digs. Fleming led in aces and assists, with 4 and 17, respectively, and now leads the ACCC conference in aces per game.

"We'll learn from this," said Atkins. "This week we'll have time to get in some conditioning

and break down the areas we need to work on before the state tournament. We've played a lot of tournaments recently, which has been good experience, but hasn't allowed a lot of practice time."

Wallace State (25-12, 10-2 ACCC) remains in second place in the conference with four matches left in the regular season. Their next match is at home on Tuesday against Central Alabama, when the team will celebrate "Sophomore Night."

The Lady Lions will play their last three on the road before returning home to host the ACCC Conference Tourney on Nov. 4-5.

Volleyball Schedule

Date	Time	Opponent	Location
October			
18	6 p.m.	Central Alabama	Wallace
20	6 p.m.	Northwest Shoals	Muscle Shoals
24	5 p.m.	Faulkner State	Bay Minette
25	6 p.m.	Jefferson Davis	Brewton
November			
4-5	TBA	ACCC Tournament	TBA
19-24	TBA	NJCAA Tournament	West Plains, MO

Lions Remain Undefeated at Home

The Wallace State soccer team wrapped up regular season home play with a 2-1 win over Andrew College on Tuesday.

"That makes us 4-0 at home, which is an outstanding accomplishment," said Wallace State coach David DiPiazza.

Tuesday's victory was an all-out effort against a top Georgia team.

Wallace State scored both its goals in the first half. Bulmaro Rayo assisted T.J. Rees who scored on a diagonal shot into the upper net from 18 yards out at 27 minutes into the game.

At 43 minutes, just two minutes left in the first half, John Waits converted a missed cross into a goal.

"That goal was huge. They had the momentum, and our goal just stopped them. It took a lot of pressure off us going

into halftime," said DiPiazza.

Andrew College's one goal came 13 minutes into the second half.

Shortly thereafter, two Lions players received second yellows and Wallace State was forced to play the remaining 29 minutes of the game two men down.

"When we were one man down, the game still looked like it was 11 on 11. But with two of our players out, there was an obvious difference," said DiPiazza. "We just battled and battled and made them make mistakes. Everyone gave 120 percent."

"Our nine outplayed their 11—and they are a very good team. We were just incredibly determined to win this game and not to lose at home. Our guys have never played harder. I'm very proud of them," he said.

With the win over Andrew College, Wallace State moves to 7-5 on the season, with three games on the road remaining before the Nov. 5 Southeast District Playoffs.

Over the weekend, Wallace State lost 6-1 on Saturday to the No. 3 ranked Georgia Perimeter College. The Lions defeated Georgia Military on Sunday 4-3.

Two key players, Mo Hajjalilu and team captain Mikali Beck have been on the injured list. They are expected to return for the final games of the season.

"I like our chances going into the playoffs," said DiPiazza. The Lions must win at least one of the next three to qualify.

Wallace State will play Truett McConnell Community College (Ga.) in Tuscaloosa on Friday.



Contributed

Wallace State's Eluid Gallegos (No. 17) secures the ball in Sunday's game vs South GA.

Wallace State Athletics Upcoming Events

October

- 14 Fr 3 p.m. Soccer vs. T-McConnell CC at Tuscaloosa
- 15 Sa noon Basketball (w) Jamboree in Coliseum
- 18 Tu 3 p.m. Basketball (w) Jamboree in Coliseum; 6 p.m. Volleyball vs. Central Alabama in Coliseum
- 20 Th TBA Cross Country in Montevallo Tournament in Florence; 1 p.m. Baseball in ABCA Tournament at Samford; 4 p.m. Soccer vs. Hiwassee CC in Madisonville, Tenn.; 6 p.m. Volleyball vs. Northwest Shoals Muscle Shoals
- 22 Sa TBA Softball in UAH Tournament in Huntsville; 10 a.m. Basketball (w) vs. Bevill State in Fayette
- 23-25 Su-Tu Golf vs. Gulf Coast Community College in Gulfport, Miss.
- 24 Mo 5 p.m. Volleyball vs. Faulkner State in Bay Minette
- 25 Tu 5:30 p.m. Basketball (w) vs. AUM in Montgomery; 6 p.m. Volleyball vs. Jeff Davis in Brewton
- 26 We 2 p.m. Softball vs. Spring Hill in Auburn; 6 p.m. Softball vs. Auburn University in Auburn
- 28 Fr TBA Cross Country - ACCC Region 22 State Meet in Gadsden
- 29 Sa noon Basketball (w) vs. Shorter College in Rome, Ga.

Cross Country dominates invitational

Wallace State hosted and dominated the Wallace State Invitational on Sept. 29, with a first place team score of 19 to second place Southern Union's 37 and third place Lawson State's 75.

WSSC's Golden Coachman finished in first place with a time of 27:24.5 for the five-mile course, more than three minutes faster than his competitors. His personal best came last week at UNA when he finished in 26:57 over the same distance.

Coachman, a Huffman High School graduate, spent last year—what would have been his sophomore year at Wallace State—serving in the U.S. armed forces in Iraq and Kuwait. Two years ago he won the state cross country meet for Wallace State and was named Indoor and Outdoor Track All-American at the 800-meter and 1-mile distances.

He plans to hit the low 25:00's in cross country this year.

Daniel Ross (30:32), David Barnett (30:51) and Ryon Smith (33:32) took second, third and fourth for Wallace State, respectively. Melvin Raines (36:41) and Jason Miller (36:54) took

ninth and 10th. Ray Moorer finished 15th in 40:12.

John Rosenbaum posted the best time for the Southern Union men, finishing fifth in 33:40. Reginald Robinson led in several of his Lawson teammates finishing 13th in 38:36.

In the women's 2.5 mile event, Gadsden State edged out Wallace State for first place by a score of 27 to 28.

Gadsden State's Elizabeth Mills came in first place with a time of 16:46.

Wallace State runners Shene Thurmond, at 17:12, and Cameron Huffstutler at 19:17, took second and third. Cassie Shelton finished sixth at 20:09. Megan Morrison was eighth at 20:46 and Holly Hardy was 10th at 21:11.

"It was a great day to run and good to see the folks from Gadsden, Lawson and Southern Union," said Wallace State coach Stan Narewski. "Everyone's improving. We've got some people who are recovering, but for our second meet, I thought all our runners did very well."